

Healthcare Cost Containment Committee Minutes
Thorntons Ferry Elementary School
May 1, 2013
3:30 p.m. to 5:00 p.m.

Attendees: Marsha McGill, Linda Freeman, Debie Clayton, Karen Bonin, Linda Murgo, Ray Blank, Carolyn Belfiore, Sue Robinson, Kim Demaso, Sandi Eherenman, Sharon Putney, Marge Chiafery, Linda Hastings, Christine Soucy

Guests: Jeanne Pinet, Jennifer Parthum, Bridey Bellemare

1. Approval of April 3, 2013 Minutes

Linda Freeman moved (seconded by Carolyn Belfiore) to approve the April 3, 2013 minutes.

The motion passed 12-0-2 with Sandi Eherenman and Linda Freeman abstaining.

2. Wellness Presentation by Thorntons Ferry Team

Christine Soucy, Jeanne Pinet and Jennifer Parthum, representatives of the Thorntons Ferry Wellness Committee, highlighted the efforts of staff and school-wide wellness initiatives. In 2012 Thorntons Ferry Elementary School was the recipient of the first HEAL (Healthy Eating Active Living) Award.

3. Health Assessment Participation Rate for April

Marge Chiafery reported 64 individuals completed their Health Assessment surveys during the month of April. The Health Assessment completion rate for April reached 65%.

The category breakdown of completed Health Assessments during January, February and March were 68% employees, 60% spouses and 56% retirees.

4. Biometric Screening Results

The Merrimack School District participated in the first Regional Biometric Screening Event sponsored by the Local Government Center. Merrimack High School was designated a regional biometric screening site on April 9, 2013 where 195 people were serviced.

The screening was scheduled on a teacher workshop day. Professional and support staff were appreciative of building principals' support which allowed staff time during the workshop day to attend the screening.

Comments from Committee Members:

- An attempt to cancel a scheduled appointment via email was unsuccessful.
- The set-up for the screening was very private and provided confidentiality.
- The appointments were on time.
- Two individuals completed Health Assessment Surveys on site.

- There was a desire to participate next year; however, after school and evening hours would need to be established because teacher workshop days will be held prior to the beginning of the 2013-2014 school year.

6. Compass Pilot Program

Debie Clayton explained that the Local Government Center invited the Merrimack School District to participate in the Compass pilot program. The invitation was declined at that time because the Healthcare Cost Containment Committee was committed to completing the OnTheMark Assessment as well as promoting updates to the Health Assessment Survey and incentive awards.

Debie Clayton reported that one Compass pilot group withdrew from the pilot program this year. She extended an invitation to the Merrimack School District to participate in the Compass pilot program effective July 1, 2013 for one year with all commitments waived for the one year. She added that the Town of Merrimack was already participating in the program.

The invitation to participate in the Compass pilot program for one year, commitment free beginning July 1, 2013 was accepted.

Debie Clayton offered to attend all open enrollment sessions to explain the Compass program and answer questions. Healthcare Cost Containment representatives were willing to introduce the Compass pilot program at May faculty meetings.

The committee's goal for the Compass pilot program is to provide employees with an opportunity to participate in the program, to receive an incentive for their effort and to provide testimonials for others.

5. Trail Walk at Thorntons Ferry

The trail walk began with a photograph of the committee at the trail entrance. The trail was funded by a \$4,000 grant from the Local Government Center.

6. Other

On behalf of Tim Parsons, Debie Clayton presented the District with a \$250 check from the Local Government Center for having the highest Health Assessment Survey completion rate from January to March 31, 2013.

2012-2013 School Year Meeting Dates

Meeting Date	Refreshments
June 5, 2013	Tim Parsons and Debie Clayton